

Selected prayers  
**For health and recovery**

אָבִינוּ מִלְּפָנֶיךָ.  
שְׁלַח רְפוּאָה נְשִׁימָה  
לְחוּלֵי עַמְּךָ.

**Our Father, Our King! Send a perfect healing  
to the sick of Your people.**

Send me, O G-d, Your healing, that I may speedily recover from the illness that has come upon me. Sustain my spirit, relieve my pain and restore me to perfect health, happiness and usefulness. Instill into my body Your healing balm that I may continue to be able to bear testimony to Your everlasting mercy and love, "for You O L-rd, are a faithful and merciful healer." Amen.

Spiritual Care Services  
Corewell Health William Beaumont University Hospital

Our chaplains are available to provide spiritual and emotional care for patients, families and team members. You are welcome to contact us directly or ask your nurse to do so on your behalf.  
Phone **248.551.0239** or via Mobile Heartbeat On-Call Chaplain.

Blessed be You, O L-rd, by day, blessed be You, O L-rd, by night. Blessed be You, O L-rd, when we lie down; blessed be You, L-rd, when we rise up. For in Your hand are the souls of the living and the dead, as it is said, "In His hand is the soul of all human flesh. Into Your hand I commend my spirit; You will surely redeem me, O L-rd G-d of truth." Our G-d who is in heaven, assert the unity of Your name, establish Your sovereignty forever, and reign over us forever and ever.

יְבָרְכֶךָ ה' וַיִּשְׁמְרֶךָ: יְאֹר ה' פָּנָיו אֵלֶיךָ וַיַּחֲנֶךָ:  
יֵשׂא ה' פָּנָיו אֵלֶיךָ וַיִּשֶׁם לְךָ שְׁלוֹם:

**"The L-rd Bless you and keep you."**

**"The L-rd make His countenance shine upon you,  
and be gracious unto you."**

**"The L-rd lift up His countenance towards you  
and give you peace." Amen.**

Please do not deface or destroy this card for the name of the L-rd is on it.

שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד.

Shema Yisroel Adonai Elohaynu Adonai Echod  
Hear, O Isreal: the L-rd our G-d, the L-rd is One.

וְאַהֲבַת אֵת ה' אֱלֹהֶיךָ, בְּכָל לִבְּךָ וּבְכָל נַפְשְׁךָ, וּבְכָל מְאֹדְךָ.  
וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם, עַל-לִבְּךָ. וְשָׁנַנְתָּם  
לְבָנֶיךָ וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבִלְכֻתְךָ בְּדֶרֶךְ וּבְשֹׁכְבְּךָ  
וּבְקוּמְךָ. וְקִשְׁרָתָם לְאוֹת עַל יָדְךָ, וְהָיוּ לְטוֹטְפֹת בֵּין עֵינֶיךָ.  
וְכַתַּבְתָּם עַל מְזוֹזֹת בֵּיתְךָ, וּבְשַׁעְרֶיךָ.

And you shall love the L-rd your G-d with all your heart, and with all your soul, and with all your might.  
And these words, which I command you this day, shall be upon your heart: and you shall teach them diligently unto your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise up. And you shall bind them for a sign upon your hand, and they shall be for frontlets between your eyes. And you shall write them upon the doorposts of your house, and upon your gates.

רְפָאנוּ ה' וְנִרְפָּא, הוֹשִׁיעֵנו וְנוֹשְׁעָה, כִּי תִהְלֹתֵנוּ אָתָּה, וְהַעֲלֵה  
רְפוּאָה שְׁלֵמָה לְכָל-מִכּוֹתֵינוּ, כִּי קָל מְלֹךְ רּוֹפֵא נֶאֱמָן וְרַחֲמָן  
אָתָּה. בְּרוּךְ אָתָּה ה', רּוֹפֵא חוּלֵי עַמּוֹ יִשְׂרָאֵל

Heal us, O L-rd, and we shall be healed; save us and we shall be saved; for You are our praise.  
Send a perfect healing from our sickness, for You, almighty King, are the faithful and merciful Physician. Blessed are You, O L-rd, who heals the sick of Your people Israel.

וְיֵהִי רְצוֹן מִלְּפָנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵי אֲבוֹתֵינוּ, שֶׁתְּשַׁלַּח לִי  
מִהֲרָה רְפוּאָה שְׁלֵמָה מִן הַשָּׁמַיִם, רְפוּאָת הַנֶּפֶשׁ וְרְפוּאָת  
הַגּוּף בְּתוֹךְ שָׁעַר חוּלֵי יִשְׂרָאֵל.

May it be Your will, O L-rd our G-d, and G-d of our fathers, speedily to send me a perfect healing from heaven, a healing of the soul and body, Amen.

בְּרוּךְ ה' בְּיוֹם. בְּרוּךְ ה' בְּלֵילָה. בְּרוּךְ ה' בְּשֹׁכְבֵנוּ. בְּרוּךְ ה' בְּקוּמֵינוּ:  
כִּי בְּיָדְךָ נַפְשׁוֹת הַחַיִּים וְהַמֵּתִים: אֲשֶׁר בְּיָדוֹ נֶפֶשׁ כָּל-חַי וְרוּחַ כָּל-בֶּשֶׂר-  
אִישׁ: בְּיָדְךָ אֲפָקִיד רוּחִי פְדִיתָה אוֹתִי ה' קָל אָמֵת: אֱלֹהֵינוּ שֶׁבְּשִׁמְיָם  
יַחַד שְׁמֶךָ, וְנִקְּיָם מַלְכוּתְךָ תָּמִיד וּמְלוּךְ עֲלֵינוּ לְעוֹלָם וָעֶד: