Bikkur Cholim and Displacement

Source Sheet by Fred Klein

משנה ברכות ד':ד'

(ד) רַבִּי אֱלִיעֶזֶר אוֹמֵר, הָעוֹשֶׂה תְפִּלְתוֹ קֶבַע, אֵין הְּפִּלְתוֹ תַּחֲנוּנִים. רַבִּי יְהוֹשֻׁעַ אוֹמֵר, הַמְהַנֵּלְ הָפְלָּהוֹ קָצְרָה. אוֹמֵר, הוֹשַׁע הַשֵּׁם אֶת עַמְּךּ אֶת הַמְבּלֵּל הְפִלְּה קְצָרָה. אוֹמֵר, הוֹשַׁע הַשֵּׁם אֶת עַמְּךּ אֶת שְׁאֵרִית יִשְׂרָאֵל, בְּכָל פָּרְשַׁת הָעִבּוּר יִהְיוּ צְרְכֵיהֶם לְפָנֶיךְּ. בְּרוּךְ אַתָּה ה' שׁוֹמֵעַ הְפִּלָּה:

Mishnah Berakhot 4:4

(4) Rabbi Eliezer says: One whose prayer is fixed, his prayer is not supplication and is flawed. The Gemara will clarify the halakhic implications of this flaw. Rabbi Yehoshua says: One who cannot recite a complete prayer because he is walking in a place of danger, recites a brief prayer and says: Redeem, Lord, Your people, the remnant of Israel, at every transition [parashat ha'ibur], the meaning of which will be discussed in the Gemara. May their needs be before You. Blessed are You, Lord, Who listens to prayer.

ברכות ג' א

תַּנְיָא, אָמַר רַבִּי יוֹמֵי: פַּעַם אַחַת הָיִיתִי מְהַלֵּךְ בַּדֶּרֶךְ וְנְכְנַסְתִּי לְחוּרְבָּה אַחַת מֵחוּרְבוֹת יְרוּשְׁלַיִם לְהִתְפַּלֵּל. בָּא אֵלְיָהוּ זְכוּר לַטוֹב וְשָׁמַר לִי עַל הַפֶּתַח, (וְהִמְתִּין לִי) עַד שֶׁסִייַמְתִּי תְּפִּלְתִי אָמַר לִי: "שָׁלוֹם עָלֶיךְ, רַבִּי". וְאָמַרְתִּי לוֹ: "שָׁלוֹם עָלֶיךְ, רַבִּי וּמוֹרִי". וְאָמֵר לִי: בְּנִי, מִפְּנֵי מָה נְכְנַסְתָּ לְחוּרְבָּה זוֹ? אָמַרְתִּי לוֹ: לְהִתְפַּלֵּל. וְאָמֵר לִי: הָיָה לְךְּ לְהִתְפַּלֵּל בְּדֶּרֶךְ. וְאָמַרְתִּי לוֹ: מִתְיָרֵא הִיִיתִי שֶׁמָּא יַפְסִיקוּ בִּי עוֹבְרֵי דְּרְכִים, וְאָמַר לִי הָיָה לְךְּ לְהִתְפַּלֵּל תְּפִלֶּה קְצְרָה. בְּאוֹתָה שְׁעָה לְמַדְתִּי מִמְלָּלִין בַּדֶּרֶךְ, מִמְּלָּה קְצְרָה. בְּאוֹתָה שְׁעָה לְמַדְתִּי מְמִלְּכִּין לְחוּרְבָּה, וְלְמַדְתִּי שֶׁמִּתְפַּלְלִין בַּדֶּרֶךְ, מִפְלָה קִצְרָה. וְלְמַדְתִּי שֻׁמִתְפַּלְלִין בַּדֶּרֶךְ, מִפְלָה קצרָה. וְלְמַדְתִּי שָׁהְמָתְפַּלְלִין בַּדֶּרֶךְ מִתְפָּלֵל תִּפְלָה קצרָה.

Berakhot 3a

Incidental to the mention of the elevated significance of the night watches, the Gemara cites a related story: It was taught in a baraita that Rabbi Yosei said: I was once walking along the road when I entered the ruins of an old, abandoned building among the ruins of Jerusalem in order to pray. I noticed that Elijah, of blessed memory, came and guarded the entrance for me and waited at the entrance until I finished my prayer.

When I finished praying and exited the ruin, Elijah said to me, deferentially as one would address a Rabbi: Greetings to you, my Rabbi. I answered him: Greetings to you, my Rabbi, my teacher. And Elijah said to me: My son, why did you enter this ruin? I said

to him: In order to pray. And Elijah said to me: You should have prayed on the road. And I said to him: I was unable to pray along the road, because I was afraid that I might be interrupted by travelers and would be unable to focus. Elijah said to me: You should have recited the abbreviated prayer instituted for just such circumstances. Rabbi Yosei concluded: At that time, from that brief exchange, I learned from him, three things: I learned that one may not enter a ruin; and I learned that one need not enter a building to pray, but he may pray along the road; and I learned that one who prays along the road recites an abbreviated prayer so that he may maintain his focus.

A Meditation before Lighting Shabbat Candles

July 1, 2021/ 22 Tammuz, 5781 Rabbi Frederick L. Klein



Heneni Muchan Umezuman

I am about to Light my Shabbat Candles

Open my Heart.

This Shabbat bring the Light into my Home

This Shabbat bring Safety into my Home

This Shabbat bring Comfort into my Home

This Shabbat bring Respite from the chaos into my Home

This Shabbat bring the Bonds of Stronger Love into my Home

This Shabbat welcome the Angels of Holiness and Wholeness into my Home

My Heart in the past week has been shattered as I have witnessed the wreckage in Surfside.

I am like one who gropes in the night, looking for the Light
In the night I ask, "Why?", and find no response.

My sense of security has been compromised and I am afraid.

As I light these candles

Remind me of the small blessings every day for which I am eternally grateful.

I do not take these blessing for granted.

Bring me strength with the knowledge that even here
You are with me

Heneni Muchan Umezuman I am about to Light my Shabbat Candles Open my Heart

Open my Heart to the suffering to those holding on hope against hope
Open my Heart to grieve with those who are burying loved ones
Help me become a source of kindness and compassion to those around me
Allow these candles to strengthen me to be the agent of Your kindness
May I become one with the candles I light
Providing the Light of Caring, Compassion and Connection to all who need

Baruch Atah Adonai Eloheinu Melech Ha'Olam, Asher Kidshanu B'Mitzvotav, V'tzivanu L'Hadlik Ner Shel Shabbat

בָּרוּדְ אַתָּה ה 'אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קַדְשָׁנוּ בְּמֹצְוֹתִיו וְצַוָּנוּ לְהַדְלִיק גַר שֶׁל שׁבָּת

A Prayerful Response to the Surfside Tragedy





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